

Kensington Nursery

Sickness policy

This illness policy sets out the exclusion periods from nursery for children who are ill, including if they are infectious. Kensington Nursery takes into consideration guidance from the Health Protection Agency (HPA) with regards to exclusion periods for illness and infection control, as well as the needs of the children and staff.

Illness/Infection	Kensington Nursery Exclusion period for child
Chicken Pox/Shingles	5 days from the one of rash as long as spots are crusted over
Cold sores (Herpes simplex)	None
Conjunctivitis	Until prescription treatment has commenced
Diarrhoea and/or Vomiting including Rotavirus/Norovirus/Gastroenteritis	48 hours from the last episode, if as a result of illness or infection (Also, after 3 or more loose stools in a nursery session as a result of illness/infection, children are required to be sent home and may return 48 hours after the last episode)
Flu (Influenza)	Until recovered enough fully to participate in nursery activities
German Measles (Rubella)*	6 days from onset of rash
Glandular Fever	None, however must be well enough to participate in nursery activities
Hand, Foot and Mouth Disease	None, however must be well enough to participate in nursery activities (If there is an outbreak we will consider exclusion after consultation with the HPA)
Head Lice	None
Impetigo	Until lesions are crusted or healed, or 48 hours after commencing antibiotic treatment
Measles*	4 days from onset of rash
Meningitis*	Until recovered (We will follow the instructions of the local Health Protection Unit)
Mumps*	5 days after onset of swollen glands
Ringworm	Until treatment has commenced
Scabies	Until treatment has commenced
Scarlet fever/Scarletina*	48 hours after commencing antibiotics
Slapped cheek/Fifth Disease/Parovirus	None, however must be well enough to participate in nursery activities
Threadworm	None

* = Notifiable diseases

Please note this list is not exhaustive but contains the most common exclusions. Parents should always seek advice from their GP or Accident and Emergency department regarding the specific symptoms of their child.

www.nhs24.com NHS 111

Children who are ill

It is at the duty manager's discretion whether or not to allow a child into nursery if they are showing signs of illness, even if there is no exclusion period for the illness or if this is after any exclusion period has passed or if a doctor has stated that they are not infectious.

If a child becomes unwell while in nursery care, then we will monitor them regularly. It is at the manager's discretion as to whether parent/s are contacted to ask that they are collected if they continue to be unwell.

The Manager will need to take into account:

- the demeanour of the child and whether they are well enough to participate in nursery activities
- whether a sick child in nursery would affect the staff to child ratios as children who are unwell may require continual one to one attention

Illness outbreaks

If there is an outbreak of an illness in nursery then the Duty Manager will consult with the local Health Protection Unit for advice. We may decide to exclude children in order to control an outbreak even where this is not listed in our normal exclusion policy.

Infectious Illness reporting

If a child has an illness we would request that the parent/s contact the nursery as soon as possible so that we can communicate this to all staff and parents, as well as the Health Protection Agency and Ofsted if it is a notifiable disease. This is particularly important in case a child has come into contact with a pregnant staff member or parent.

Child's temperature procedure

If you are concerned a child has a high temperature the following steps must be adhered to:

- Take the child's temperature with the thermometer (located in the kitchen)
- Record the child's temperature on a monitoring form including reasons for taking the child's temperature (eg. lethargic, pale, sweaty etc.) (see appendix)

If the child's temperature is 37.5C or above:

- Take layers of clothing off
- Give the child water to drink
- Comfort the child if upset
- Inform the Manager of the child's temperature
- Contact parent/s to inform of child's temperature and ask for the child to be collected from nursery. Record on monitoring form
- Monitor child until parent arrives

If the child's temperature is 40C or above there is a high risk of febrile convulsions. For this reason it is at the Duty Manager's discretion as to whether the child should be sent home or whether an ambulance should be rung for the child.

In the event of an ambulance being rung, a senior member of staff should accompany the child with the child's information records and a nursery mobile phone.

At all times, the parent/s will be kept informed of the child's condition.

Parent partnerships

This policy is held in the Policies & Procedures file in the nursery office for parents to view at any time.

Parents are provided with a copy of the recommended absences at induction.

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